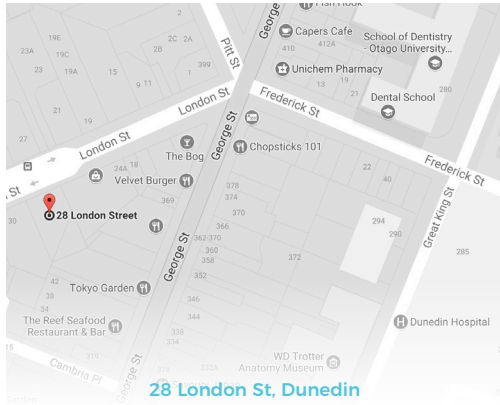




# POSITIVE PSYCHOLOGY SOUTH

Contact Diane:

 **027 4545 836**  
 **diane@positivepsychologysouth.co.nz**  
 **PositivePsychologySouth.co.nz**



Parking available on surrounding streets via meter. Free 120 min parks on Constitution st.

Enter via london street door same level. Take a seat on grey bench in hallway or enter if counselling room door is open.

Bathroom at the end of the hallway. Tea, coffee and water available.

## Approach To Care

- Evidence based, relevant and practical, solution-focused approach; re-framing problems as manageable issues.
- Communicates well with those of different cultural backgrounds, all socio-economic levels and LGBTI friendly.
- Confidential, respectful and culturally sensitive, with a focus on retaining the dignity of all parties.
- Emphasis on prevention, resilience, positive psychology - moving people realistically forward.

## Services

- Confidential counselling to individuals, couples and families. Conference room available for group meetings.
- Consultative Psychological assessment; evidence based resources and treatment.
- Training, Consultancy, HR performance and appraisal; recruitment selection and feedback for organisations both large and small.
- Advanced sex therapy training - Support for sexual dysfunction and reducing and eliminating addiction to pornography.
- EAP provider for Instep and Stratos Otago-Southland Region.
- Critical Incident response and debrief within Otago-Southland Region.

## Qualifications

- NZ Registered Counselling psychologist with 25+ years as a practicing psychologist in NZ and AU.
- Masters (Forensic Psychology - Trauma Recovery), Melbourne university.
- Member of NZ Psychology Society, Chair of Otago Southland Branch.
- NZ and Australia police checks; Deemed 'safe practitioner' to work with clients and children and vulnerable people .
- Principal psychologist of NZ registered Company; Positive Psychology South Ltd.